

# AFSA - Aikido Federation of South Africa

Contact person - Giuseppe Soffiatti:-Tel: 082 6015111; gs@soffiatti.co.za

## Summer School 2011

Franco Martufi Sensei - 6th Dan - AFSA Chief Instructor

Assisted by Paul DeBeer Sensei - 5th Dan AFSA ShidoIn

### Program of Events

<b>Thursday</b> <b>01/12/2011</b>	08h00 - 08h45	Registration and Welcome	
	08h45 - 09h00	Warm-up session	
	09h00 - 10h00	Keiko 1	(De Beer Sensei)
	10h00 - 10h15	Break	
	10h15 - 11h15	Keiko 2	(Martufi Sensei)
	11h15 - 11h30	Break	
	11h30 - 12h30	Keiko 3	(Martufi Sensei)
	12h30 - 17h30	Lunch at own expense	
	14h30 - 16h30	TC Meeting	
17h00 - 18h00	Keiko 4	(Martufi Sensei)	
<b>Friday</b> <b>02/12/2011</b>	08h00 - 08h45	Grading registration	
	08h45 - 09h00	Warm-up session	
	09h00 - 10h00	Keiko 5	(De Beer Sensei)
	10h00 - 10h15	Break	
	10h15 - 11h15	Keiko 6	(Martufi Sensei)
	11h15 - 11h30	Break	
	11h30 - 12h30	Keiko 7	(Martufi Sensei)
	12h30 - 16h30	Lunch at own expense	
	16h30 - 18h00	Keiko 8	(Martufi Sensei)
<b>Saturday</b> <b>03/12/2011</b>	08h00 - 08h45	Photo Session	
	08h45 - 09h00	Warm-up session	
	09h00 - 10h00	Keiko 9	(De Beer Sensei)
	10h00 - 10h15	Break	
	10h15 - 11h15	Keiko 11	(Martufi Sensei)
	11h15 - 11h30	Break	
	11h30 - 12h30	Keiko 12	(Martufi Sensei)
	12h30 - 16h30	Lunch at own expense	
	14h00 - 14h30	Warm-up session for grading	
14h30 - 16h30	Grading		
<b>Sunday</b> <b>04/12/2011</b>	08h45 - 09h00	Warm-up session	
	09h00 - 10h00	Keiko 13	(Martufi Sensei)
	10h00 - 10h15	Break	
	10h15 - 11h15	Keiko 14	(Martufi Sensei)
	11h15 - 12h00	Presentation of grades and closing ceremony	
	12h00 - 12h30	Lift mats.	